# Virginia Department of Health Test to Stay Teacher/Staff\* *Template* Consent Form for Early Care and Education (ECE)/Child Care Programs

\*This consent form pertains to individuals 18 years of age and older. Those under the age of 18 require a parent/guardian consent form. Please refer to the template sample parent/guardian consent form for individuals <18 years old\*

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Last Updated: 3/17/2022

# Virginia Department of Health Test to Stay (TTS) for ECE/ Child Care Programs Information Sheet for Teachers/ Staff Members

## What is Test to Stay?

Test to Stay is a program in which close contacts of individuals with COVID-19 are allowed to **remain in child care** if they continue to test negative after the exposure, rather than quarantining at home. The close contacts take a rapid test daily for 5 days (except on weekends or holidays) after the exposure, and if the test is negative, they are allowed to go to work in the child care facility. (Test kits are provided free of charge.)

### What are the benefits of enrolling in the program?

Participating individuals may benefit from COVID-19 testing and early identification of COVID-19, and will benefit from being able to continue to go to work in the child care facility.

#### What are the risks of enrolling in the program?

Potential risks include discomfort associated with the nasal swab used for testing, such as nose irritation, local pain around the nose, and nose bleeding.

#### What are the requirements of the program?

- The individual wears a mask while at the child care facility, except when eating and drinking for 10 days following the exposure.
- The individual takes a daily rapid antigen COVID-19 test for the first five days after exposure and it is negative.
  - The rapid test may be taken either every morning before attending work at the child care facility or the evening prior to attending work at the child care facility (ideally after 7pm)
  - Rapid test may be performed at home with a proctored test (e.g. eMed Abbott BinaxNOW Antigen At Home Test Kit)
  - Rapid test may be performed upon arrival at the child care facility if the child care facility has resources to do so
- The individual does not need to take a rapid test on mornings that fall on weekends or holidays (or the evenings prior), however, they must quarantine on these days (i.e. the staff member is not to attend birthday parties, sporting events, or any other group activities on these days)
- The individual immediately isolates at home if they receive a positive test result
- The individual monitors for symptoms of COVID-19 for 10 days, and immediately isolates at home if symptoms develop
- Staff members agree to do the following:
  - Sign the consent form to participate in Test to Stay.
  - Self assess for signs and symptoms of COVID-19 each day before and after working at the child care facility.
  - Immediately contact your healthcare provider and the child care facility if any signs or symptoms occur.
  - Do not attend work at the child care facility if any signs or symptoms develop in yourself.
  - Notify the child care facility of any new or additional close contact exposure to an individual with COVID-19 or suspected COVID-19 that is identified while participating in Test to Stay.
  - Promptly leave the child care facility should you test positive or develop signs or symptoms of

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- COVID-19 while at the facility.
- Comply with public health recommendations for quarantine when not attending work in the child care facility. (i.e. Stay home away from others when not attending the child care facility)

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